Food 50 Years Ago

In 1961, John F. Kennedy was the president. The U.S. and the Soviet Union were staring each other down over the divide between West and East Berlin. General Maxwell Taylor was sent by the President to South Vietnam to discuss whether to send U.S. troops there. Joseph Heller’s novel, Catch-22, was published. Breakfast at Tiffany’s, starring Audrey Hepburn opened in movie theaters. And then, as now, everyone had to eat. But what did they shop for?

Select the one item in each of these four sets that you would have seen in your neighborhood national-chain supermarket 50 years ago in 1961:

1. o Kiwifruit  
   o Raw baby-cut carrots  
   o Frozen pizza  
   o Yogurt

2. o Hummus  
   o Velveeta  
   o Doritos  
   o Diet Coke

3. o Portobello mushrooms  
   o Tofu  
   o Clementines  
   o Reddi-Wip

4. o Bottled drinking water  
   o Salsa  
   o Frozen dinners  
   o Granny Smith apples